



**HARKNESS
CENTER**
for Dance Injuries

NYU Hospital for Joint Diseases



Langone Medical Center

IMPORTANT INFORMATION: How the Dance Clinic Works

Welcome to the *Dance Clinic* of the Harkness Center for Dance Injuries. The clinic is staffed by a team of senior health professionals (orthopaedists and physical therapists and/or athletic trainers) specially trained in dance medicine. The Harkness Center is part of NYU-Hospital for Joint Diseases, a teaching hospital where junior physicians and physical therapists are trained under the supervision and guidance of the senior staff.

You will be evaluated by several medical professionals during your visit to the dance clinic today. First, a physician in the NYU-HJD orthopaedic surgery resident training program will interview and examine you. A senior and junior dance physical therapist and/or athletic trainer may also be present in the room during your examination. Then, a senior attending orthopaedic surgeon specializing in the treatment of dance injuries will evaluate you. The attending orthopaedist will discuss your diagnosis; he may recommend further diagnostic testing such as x-ray, MRI, or bone scan. A treatment plan will be proposed. This plan can include: home exercises, technique modification, physical therapy, bracing, shoe inserts, medication, injection, and surgery. The physicians and physical therapists will address any questions or concerns that you have.

The Harkness Center for Dance Injuries is recognized in the medical community for its leadership and expertise in the area of dance medicine. As such, we receive requests from healthcare practitioners from all over the world to visit and observe our physicians and physical therapists at work. Therefore, on occasion, there may be additional medical persons (other than those already mentioned above) present in the exam room. In keeping with the NYU Hospital for Joint Diseases' privacy practices, all persons will be introduced to you. If you wish, you may request that only the NYU Hospital for Joint Diseases personnel remain in the room.

The Harkness Center for Dance Injuries is committed to providing you with quality health care from experienced professionals in dance medicine. It is important to us that your injury be thoroughly evaluated and that all of your questions and concerns be addressed. Please keep in mind that this type of comprehensive evaluation takes time. As a result, your visit with us today is likely to take longer than a typical visit to a physician's private office.

Our attending orthopaedists volunteer their time at the Dance Clinic. If you would prefer a more private or one-on-one evaluation, you may request to be scheduled for an appointment at the senior physician's private office. Please let us know.